

# RASPBERRY & ROSEWATER ICE CREAM

SERVES 4 VITA-MIX TIME 1 minute

IF USING THE 32oz CONTAINER: Halve the quantities

250ml/9fl oz/1 cup raspberry yogurt

3 tbsp icing sugar

1 tbsp rosewater

300g/10½oz/2½ cups frozen  
raspberries

- 1 Put the ingredients in the Vita-Mix machine in the order listed and secure the 2-part lid. Select VARIABLE speed 1. Turn the machine on and increase the speed to 10, then to HIGH, using the tamper to push the ingredients into the blades.
- 2 In about 30 seconds, the sound of the motor will change and 4 mounds should form in the mixture. Stop the machine and serve immediately.



For more recipes and information, log on to  
[www.vitamix.co.uk](http://www.vitamix.co.uk)

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**Vita-Mix<sup>®</sup>**