

SUN-DRIED TOMATO & OLIVE TAPENADE

SERVES 4 VITA-MIX TIME 30 seconds

IF USING THE 32oz CONTAINER: Use the same amount

200g/7oz/1½ cups pitted black olives

8 sun-dried tomatoes

1 garlic clove

2 basil sprigs

3 tbsp extra-virgin olive oil

juice of ½ lemon

- 1 Put the ingredients in the Vita-Mix machine and secure the 2-part lid. Select VARIABLE speed 6, turn the machine on and run for 30 seconds or until well mixed, using the tamper to push the ingredients into the blades. Transfer to a bowl and serve with toasted ciabatta or bruschetta.



For more recipes and information, log on to
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